

## About Angela Armstrong

*For over a decade I have worked with companies that want to strengthen their leadership at all levels to deliver sustainable high performance. I work with companies, and individuals, who recognise that you not only need to “do” leadership but also “be” a leader.*

Passionate about developing people, I design, develop and deliver high energy training, supportive yet robust coaching and insightful consultancy to support my clients in achieving business results.



### Experience

Angela is the founder and managing director of Armstrong Coaching & Consulting Ltd, a leadership development company. She blends extensive change management and leadership experience to deliver sustainable high performance for organisations with a majority ‘grow-your-own’ talent strategy.

Angela’s work is informed by a background in delivering significant national and global £multimillion change programmes across a range of clients and industries on behalf of Accenture. During over six years at Accenture Angela helped build the leadership community of practice and delivered senior leadership programmes internally and externally. She has also enjoyed developing leaders of the future at Rolls-Royce.

Outside of work Angela’s passions include travel, great food, autobiographies, being outdoors, having friends over for dinner and generally enjoying the adventure we call life.

### Testimonials

*“Angela has a HR-heart and a business-brain ...she took an already high-performing group and raised the bar including improved engagement, retention and performance.”*

*John McFall, Director Customer Management at Rolls-Royce*

*“As MD I feel informed, supported and confident in the outcomes.”*

*Karen Wharton, MD Obsession Salon and Spa*

*“I would recommend Angela to anyone to take control of his or her own personal and professional future.*

*CH, Account Director - advertising*

### Professional Expertise

In addition to one-to-one corporate, business and private coaching, Angela delivers training courses on building trust, personal resilience and leading change.

Angela works with Growth Accelerator as a registered and approved Growth Coach and also supports Growth Accelerator through the provision of Leadership and Management training.

### Selected Client Companies

Accenture	HMRC
Aliaxis	Lloyds Banking Group
Barclays	Rolls Royce
British Telecom	UKBA
DWP	+ various SME

### Qualifications

BSc, PhD, MBA  
Diploma in Personal Performance Coaching (Distinction)  
Diploma in Corporate and Executive Coaching (Distinction)  
International Coach Federation (member)

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